



## P&I Training Legal guidance - Physical intervention. Holds Guides and safety behind the holds

*The cost of this programme is £800 (accredited) or £700 (guidance only - un-accredited) inclusive of all expenses.*

*This session is for up to 24 staff members.*

*Session length – 3 hours*

### **Programme Aim**

The overall aim of this programme is to give staff increased confidence in dealing with incidents of physical intervention and understanding the legal framework behind the use of physical intervention. This programme involves 2 hours of practical, physical intervention training.

The programme is delivered in 2 parts.

1. The law and Legal Guidance for your specific organisation (1 hour)
2. Physical intervention techniques and scenarios (2 hours)

Part 1 lays down a platform for the staff to have a clear understanding of the laws around the use of force in their particular setting. This section gives knowledge to both specific work place laws and also common law.

Part 2 displays how we physically intervene when all other strategies have failed to support and there are no other options available. This section will offer a wide range of intervention strategies tailored to suit your specific setting. Safety for the young people and staff is paramount and this section will help staff with the knowledge that they are keeping themselves and others safe from harm.

## **Programme statement**

Aggression and abuse is becoming increasingly more prevalent for staff working with children and young adults. Giving your staff the skills and tools necessary to deal and cope with physical interventions will go a long way to supporting your staff team. The outcomes for the young people are sometimes immeasurable when they are being handled both physically and mentally by a highly skilled team that have the common goal of safety for all with the best interests of the young people at heart.

Having a common platform to work from moving forward will give the staff team confidence that they are working within the guidelines of the Law and the DFE.

## **Delivery**

The programme is delivered as a holistic approach to behaviour management with physical intervention only ever used as a last resort when all other options have been exhausted. Our team will deliver the programme with humour and draw on their vast experience of dealing with the type of behaviours that we have mentioned.